

Chili

1 ½ lb. ground beef
½ lb. cubed beef
1 can kidney beans (drained and rinsed)
8 oz. can tomato sauce
1 onion, chopped
2 cloves garlic, minced
3 tbsp. chili powder
1 tbsp. cayenne
2 tsp. salt
1 tsp. pepper

½ cup shredded cheddar

Heat in a large skillet chopped meat and cubed meat until browned. Drain the excess fat. Combine the rest of the ingredients (except the cheese) in a slow cooker and cook on high for 4 hours.

Top with cheddar and serve.