BANANAS, DRIED CRANBERRIES, YOGURT, AND HONEY

SERVES 4

This side dish is a great accompaniment to Bubby’s Granola (page 206), Crunchy French Toast (page 189), or, even simpler, seven-grain toast and jam. Try to buy Greek yogurt, which tastes richer and creamier than regular yogurt.

3 ripe bananas, peeled and cut into ½-inch-thick slices
1 teaspoon fresh lemon juice
1 cup plain Greek yogurt
2 tablespoons honey
¾ cup dried cranberries

1. Toss the banana slices with the lemon juice.
2. Stir together the yogurt and honey in a mixing bowl. Add the bananas and gently toss to coat thoroughly with yogurt.
3. Spoon the banana mixture into a serving bowl, sprinkle the dried cranberries on top, and serve.