

Apple salad with yogurt and honey

2 cups apples cut into bite sized pieces (treated with lemon juice to prevent browning)

½ cup raisins

½ cup dried cranberries

½ cup celery finely chopped

½ cup toasted walnuts, coarsely chopped

1 lemon juice and zest (2-3 tablespoons juice)

½ to 1 cup greek style yogurt

1-2 tablespoons honey

Salt and pepper to taste

In a small bowl whisk together the lemon juice, zest, yogurt and honey. In a large bowl, gently toss apples, raisins, dried cranberries, celery and walnuts with the dressing. Season to taste with salt and pepper.